

Arrhythmia Management—Post-Op

Post-procedure care

- If you have a dressing you may remove it the morning after the procedure.
- Keep incision dry for 3 days (the stitches you have are absorbable; the small tapes will stay on for approximately 2 weeks, then you can gently remove them).
- Watch for signs of infection- fever, swelling, redness, or drainage at the incision site.
- Take antibiotics as directed until completely finished.
- Light activity for 1 week to avoid perspiring.
- Limit lifting with affected arm to less than 5 pounds for 6 weeks (new implant/lead revision-replacement).
- Do not raise arm over shoulder height for six weeks. Move arm daily to avoid freezing of shoulder muscles. Do not use arm sling after 24 hours.
- You may use a well-equipped microwave.
- Keep your ID card with you at all times.
- You will have a follow up appointment in our office in 10-14 days.
- You will have a follow up appointment with your cardiologist in 1 month. At that time you will need to establish regular device interrogations.